

# Hope Street Terrace Main Calendar 2025

# FEBRUARY



|               |               |                |                  |                 |               |                 |
|---------------|---------------|----------------|------------------|-----------------|---------------|-----------------|
| <b>Sunday</b> | <b>Monday</b> | <b>Tuesday</b> | <b>Wednesday</b> | <b>Thursday</b> | <b>Friday</b> | <b>Saturday</b> |
|---------------|---------------|----------------|------------------|-----------------|---------------|-----------------|



Locations Legend

Activity Room (AR)  
2nd Floor Sitting Room (2SR)  
Gathering Room (GR)  
Room to Room (RR)  
3rd Floor Sitting Room (3SR)  
2nd Floor (2nd)

2nd Floor Nurses Station (2NS)  
3rd Floor (3rd)  
2nd and 3rd Floor (2&3)  
3rd floor north end (3NE)  
Main Dining Room (MDR)  
3rd floor Nurse's Station (3NS)

Dimensions Of Wellness Legend

- Social
- Intellectual
- Emotional
- Physical
- Spiritual

Alternatively, self directed activities are available at the Nursing Station on the 2nd and 3rd floor.  
**Religious services offered within the home are as follows:**  
St. Johns Anglican Church  
Our Lady of Mercy Catholic Church  
Salvation Army Church

- 10:00 Group Exercise (2SR)
- 10:00 Saturday Morning Coffee Club (2SR)
- 10:30 Group Exercise (3SR)
- 2:00 Documentry (GR)
- 2:00 Bingo (2SR)
- 6:30 Kings in the Corner (AR)

- 9:30 Church Radio/TV (2SR) **2**
- 10:00 Bible Reading (RR)
- 2:00 Hot Chocolate Trivial Cart (RR)

- 10:00 Short Stories (GR) **3**
- 2:00 Painting (AR)
- 2:00 Residents choice (RR)
- 6:30 Sequence (AR)

- 9:30 Plant Care (RR) **4**
- 10:00 Group Exercise (2SR)
- 10:00 Friendly Visits (RR)
- 10:00 National Geographic (3NE)
- 10:30 Group Exercise (3SR)
- 2:00 Bingo (2&3)
- 2:00 Friendly Visits (RR)
- 6:30 Uno (AR)

- 10:00 Fancy Fingers (2NS) **5**
- 2:00 Craft-Love Bugs (AR)
- 2:00 Fancy Fingers (RR)
- 2:00 Yahtzee (2SR)
- 6:30 Shut The Box (AR)

- 8:00 Ladies Breakfast Club (GR) **6**
- 10:00 Read with me (3rd)
- 10:00 Exercises (2SR)
- 10:30 Group Exercise (3SR)
- 2:00 Creative Art (RR)
- 10:45 Walk with Me (2nd)

- 10:00 Puzzle with Me (RR) **7**
- 2:00 Tim Horton Coffee Run (2nd)
- 2:00 Sing A Long (AR)
- 6:30 Residents choice (AR)

- 10:00 Group Exercise (2SR) **8**
- 10:00 Woman's World (GR)
- 10:30 Group Exercise (3SR)
- 2:00 Movie Matinee (GR)
- 2:00 Crafts (GR)
- 2:00 Bingo (2SR)
- 6:30 Kings in the Corner (AR)

- 9:30 Church Radio/TV (2SR) **9**
- 2:00 Painting- Salt Snowflakes (GR)
- 2:00 Word Games- Valentines Day (AR)
- 6:30 Skip Bo (AR)

- 10:00 Fancy Fingers (2NS) **10**
- 2:00 Crafts (AR)
- 2:00 Crafts-Valentines (2SR)
- 6:30 Ladies Choice (AR)

- 9:30 Plant Care (RR) **11**
- 9:45 Java Music (3NS)
- 10:00 Group Exercise (2SR)
- 10:30 Group Exercise (3SR)
- 2:00 Bingo (2&3)
- 2:00 Entertainment- Bill Dickinson (MDR)
- 6:30 Sequence (AR)

- 10:00 Baking with Melinda (AR) **12**
- 10:00 **Helping Hands- Lost and Found Day (GR)**
- 2:00 Friendly visits (RR)
- 2:00 Crafts- Valentine Heart Splash (AR)
- 2:00 Friendly Visits (3SR)
- 6:30 Kings in the Corner (AR)

- 8:00 Mens Breakfast Club (GR) **13**
- 10:00 Group Exercise (2SR)
- 10:00 Exercises (2SR)
- 10:30 Group Exercise (3SR)
- 1:30 Creative Art (RR)
- 2:00 Painting- Bubble Art (GR)
- 10:45 Walk with Me (2nd)

- Valentines Day **14**
- 10:00 Baking with Melinda (AR)
- 2:00 Monthly Social- Queen of Hearts (GR)
- 6:30 Board Game Night (AR)

- 10:00 Group Exercise (2SR) **15**
- 10:00 Saturday Morning Coffee Club (2SR)
- 10:30 Group Exercise (3SR)
- 2:00 Bingo (2SR)

- 9:30 Church Radio/TV (2SR) **16**
- 11:00 Catholic Church service (GR)

- Family Day **17**
- 10:00 Who am I (GR)
- 2:00 Yahtzee (AR)
- 2:00 Conversation Circle (AR)
- 6:30 Board Games (AR)

- 9:30 Plant Care (RR) **18**
- 10:00 Group Exercise (2SR)
- 10:00 Hand massages (3rd)
- 10:30 Group Exercise (3SR)
- 2:00 Fancy Fingers (3NE)
- 2:00 Fancy Fingers (RR)
- 2:00 Bingo (2&3)
- 6:30 Uno (AR)

- 10:00 Baking- home made snacks (AR) **19**
- 10:00 Fancy Fingers (2SR)
- 2:00 Euchre (GR)
- 2:00 Conversation cards (RR)
- 2:00 Social-Who Would Have Thought (2SR)
- 6:30 Skip Bo (AR)

- 10:00 Fancy Fingers (2NS) **20**
- 10:00 Group Exercise (2SR)
- 10:00 Exercises (2SR)
- 10:30 Group Exercise (3SR)
- 10:45 Walk with Me (2nd)
- 2:00 Scrabble (GR)
- 2:00 Salvation Army Church Service (2SR)

- 10:00 Sorting (RR) **21**
- 2:00 Crafts-Be Surprised (2SR)
- 6:30 Cards (AR)

- 10:00 Group Exercise (2SR) **22**
- 10:00 Food Prep (AR)
- 10:30 Group Exercise (3SR)
- 12:00 Diners Club (GR)
- 2:00 Trivia-Italy (AR)
- 2:00 Bingo (2SR)
- 6:30 Kings in the Corner (AR)

- 9:30 Church Radio/TV (2SR) **23**
- 10:00 Bible Stories (GR)
- 2:00 Word Games (GR)
- 6:30 shut the box (AR)

- 10:00 Friendly Visits (RR) **24**
- 2:00 Crafts (AR)
- 2:00 Bingo (2nd)
- 6:30 Yahtzee (AR)

- 10:00 Group Exercise (2SR) **25**
- 10:00 Conversation Cards (3rd)
- 10:00 Resident Council Meeting (GR)
- 10:30 Group Exercise (3SR)
- 2:00 Entertainment-Darlene & Shamrock (MDR)
- 6:30 Residents choice (AR)

- 10:00 Armchair Travel (GR) **26**
- 10:00 Fancy Fingers (2NS)
- 2:00 Painting (AR)
- 2:00 St.John's Church Service (2SR)
- 6:30 Kings in the Corner (AR)

- 8:00 Breakfast Club (AR) **27**
- 10:00 Group Exercise (2SR)
- 10:00 Exercises (2SR)
- 10:30 Group Exercise (3SR)
- 10:45 Walk with Me (2nd)
- 2:00 Resident Choice (AR)
- 2:00 Creative Art (RR)

- 10:00 Java Music (3rd) **28**
- 2:00 Woman's World- with hot cocoa (GR)
- 2:00 Water Painting (RR)
- 2:00 Scrabble (AR)

