


# Hope Street Terrace Main Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p><u>Dimensions Of Wellness Legend</u></p> <p>Social</p> <p>Intellectual</p> <p>Emotional</p> <p>Physical</p> <p>Spiritual</p>	<p><u>Locations Legend</u></p> <p>Activity Room (AR) 2nd Floor Sitting Room (2nd) 3rd Floor Sitting Room (3rd) Room to Room (RR) Outside (Out) Balcony (B) Gathering Room (GR) 2nd Floor nurses station sitting area (NS)</p>	<p>Room to Room (RR) 2nd and 3rd Floor Sitting Room (2/3) North sitting area 3rd (NS3) 3rd floor Nurse's station (3 NS) Courtyard (C) Memorial Park (MP) Main Dining Room (MDR) Port Hope Beach (PHB)</p>	<p>8:00 Ladies Breakfast Club (GR) 1</p> <p>10:00 Tai-Chi (2nd)</p> <p>10:00 Fancy Fingers (NS)</p> <p>10:00 Fancy Fingers (3 NS)</p> <p>1:30 Creative Art (RR)</p> <p>2:00 Ladder Ball (C)</p>	<p>9:30 Java Music (3rd) 2</p> <p>10:00 Group Exercise (2nd)</p> <p>10:30 Group Exercise (3rd)</p> <p>2:00 Giant Crossword (3rd)</p> <p>6:30 Board Games (AR)</p>	<p>10:00 Saturday Morning Coffee Club (B) 3</p> <p>2:00 Painting (B)</p> <p>2:00 Bingo (2nd)</p> <p>6:30 Kings in the Corner (AR)</p>
<p>9:30 Church Radio/TV (2nd) 4</p> <p>10:00 Bible Stories (RR)</p> <p>2:00 Short Stories (2/3)</p> <p>2:00 Ice Cream Trivia Cart (RR)</p> <p>6:30 Armchair Safari (AR)</p>	<p><b>Civic Holiday</b> 5</p> <p>9:30 Baking (AR)</p> <p>10:00 Group Exercise (2nd)</p> <p>10:30 Group Exercise (3rd)</p> <p>2:00 Trivia- Olympics History (AR)</p> <p>6:30 Uno (AR)</p>	<p>9:30 Plant Care (RR) 6</p> <p>9:30 Olympics-What am I? (3rd)</p> <p>10:00 Chair Yoga (3rd)</p> <p><b>10:00 Resident BBQ-3rd floor with Wayne Ferguson (C)</b></p> <p>2:00 Bingo (2nd)</p> <p>2:00 Olympic Bingo (AR)</p> <p>3:30 Pet Therapy (RR)</p>	<p>10:00 Group Exercise (2nd) 7</p> <p>10:00 Plant Care (RR)</p> <p>10:00 Olympic stories (NS3)</p> <p>10:30 Group Exercise (3rd)</p> <p>2:00 Yahtzee (2nd)</p> <p>2:00 Movie Matinee (AR)</p> <p>6:30 Snakes and Ladders (AR)</p>	<p>8:00 Mens Breakfast Club (GR) 8</p> <p>9:30 Friendly Visits (RR)</p> <p>10:00 Fancy Fingers (NS)</p> <p>10:00 Chair Yoga (2nd)</p> <p>1:30 Creative Art (B)</p> <p>2:00 Word Games-Olympic (3rd)</p>	<p>10:00 Group Exercise (2nd) 9</p> <p>10:00 Friends of the Humane Society - Blanket (RR)</p> <p>10:30 Group Exercise (3rd)</p> <p>2:00 Pool Party (B)</p>	<p>10:00 Woman's World (AR) 10</p> <p>2:00 Bingo (AR)</p>
<p>9:30 Church Radio/TV (2nd) 11</p> <p>10:00 Bible Study (AR)</p> <p>2:00 Beach Day (Out)</p> <p>6:30 Yahtzee (AR)</p>	<p>10:00 Group Exercise (2nd) 12</p> <p>10:00 Short Stories (B)</p> <p>10:30 Group Exercise (3rd)</p> <p>2:00 Outside Music Group (Out)</p> <p>2:00 Crafts (2nd)</p> <p>6:30 Cribbage (AR)</p>	<p>9:30 Plant Care (RR) 13</p> <p>9:30 This or That (3rd)</p> <p>10:00 Tai-Chi (3rd)</p> <p>2:00 Painting (AR)</p> <p>2:00 Bingo (AR)</p> <p>2:00 Bingo (AR)</p> <p>3:30 Pet Therapy (RR)</p> <p>6:30 Uno (AR)</p>	<p>9:30 Jewellery Crafters (NS3) 14</p> <p>10:00 Group Exercise (2nd)</p> <p>10:00 Memorial Park Picnic (Out)</p> <p>10:30 Group Exercise (3rd)</p> <p><b>11:00 Outing/Trip- Memorial Park (MP)</b></p> <p>2:00 Crafts (AR)</p> <p>2:00 Friendly visits (2/3)</p> <p>6:30 Yahtzee (2/3)</p>	<p>9:30 National Geographic (2nd) 15</p> <p>10:00 Fancy Fingers (NS)</p> <p>10:00 Tai-Chi (2nd)</p> <p>2:00 Outside Walks (Out)</p> <p>2:00 Crafts (AR)</p> <p>2:00 Water Painting (RR)</p> <p>6:30 Residents choice (2nd)</p>	<p>9:30 Touch 2 Play (NS3) 16</p> <p>10:00 Group Exercise (2nd)</p> <p>10:30 Group Exercise (3rd)</p> <p>2:00 Crafts (AR)</p> <p>2:00 Doll Therapy (2/3)</p> <p>6:30 Cards (AR)</p>	<p>10:00 Saturday Morning Coffee Club (B) 17</p> <p>2:00 Bingo (2nd)</p> <p>2:00 Outside Walks (Out)</p> <p>6:30 Euchre (AR)</p>
<p>9:30 Church Radio/TV (2nd) 18</p> <p>10:00 Bible Stories (RR)</p> <p>11:00 Catholic Church (AR)</p> <p>2:00 Sipping Sunday (B)</p> <p>2:00 Outside Music Group (Out)</p> <p>6:30 Ladies Choice (AR)</p>	<p><b>Aquatic Wonders Week</b> 19</p> <p>9:30 Conversation Circle-Oceans (NS3)</p> <p>10:00 Group Exercise (2nd)</p> <p>10:30 Group Exercise (3rd)</p> <p>2:00 Painting- Fish fold (AR)</p> <p>2:00 Sensory Gardens (Out)</p> <p>6:30 Yahtzee (AR)</p>	<p><b>Aquatic Wonders Week Wear Blue</b> 20</p> <p>9:30 Plant Care (RR)</p> <p>10:00 Chair Yoga (3rd)</p> <p><b>2:00 Captains Cove Carnival (MDR)</b></p> <p>3:30 Pet Therapy (RR)</p> <p>6:30 Kings in the Corner (AR)</p>	<p><b>Aquatic Wonders Week</b> 21</p> <p>9:30 Aquatic Conversation Cards (RR)</p> <p>10:00 Group Exercise (2nd)</p> <p>10:30 Group Exercise (3rd)</p> <p>11:00 Picnic Lunch (B)</p> <p>2:00 Skippers Bingo (AR)</p> <p>6:30 Uno (AR)</p>	<p><b>Aquatic Wonders Week</b> 22</p> <p>10:00 Fancy Fingers (NS)</p> <p>10:00 Chair Yoga (2nd)</p> <p><b>10:30 Outing/Trip- Port Hope Beach (PHB)</b></p> <p>2:00 Summertime Sing Along (2nd)</p> <p>6:30 Sequence (AR)</p>	<p><b>Aquatic Wonders Week</b> 23</p> <p>10:00 Group Exercise (2nd)</p> <p>10:00 Friendly Visits (RR)</p> <p>10:30 Group Exercise (3rd)</p> <p>2:00 Movie Magic Cinema Club (GR)</p> <p>2:00 Yahtzee (2nd)</p> <p>5:00 Diners Club-Bonfire &amp; Hotdogs (Out)</p>	<p><b>Aquatic Wonders Week</b> 24</p> <p>10:00 Armchair Safari- Under the Sea (AR)</p> <p>2:00 Crafts- Sea Shell Picture Frame (AR)</p> <p>6:30 Skip Bo (AR)</p>
<p>9:30 Church Radio/TV (2nd) 25</p> <p>10:00 Bible Study (AR)</p> <p><b>2:00 Under the Sea Soiree (AR)</b></p> <p>6:30 Dice Poker (AR)</p>	<p>10:00 Group Exercise (2nd) 26</p> <p>10:00 Short Stories (RR)</p> <p>10:30 Group Exercise (3rd)</p> <p>2:00 Afternoon Tea (B)</p> <p>2:00 Outside Walks (Out)</p> <p>6:30 Scrabble (AR)</p>	<p>9:30 friendly Visits (RR) 27</p> <p>10:00 Tai-Chi (3rd)</p> <p><b>11:00 Resident BBQ-2n floor with Darlene McGuinness (Out)</b></p> <p>2:00 Bingo (2nd)</p> <p>2:00 Documentry (GR)</p> <p>2:00 Bingo (AR)</p> <p>3:30 Pet Therapy (RR)</p> <p>6:30 Cards (AR)</p>	<p>9:30 Plant Care (RR) 28</p> <p>9:30 Plant Care (Out)</p> <p>10:00 Group Exercise (2nd)</p> <p>10:00 Resident Council (AR)</p> <p>10:30 Group Exercise (3rd)</p> <p>2:00 Mocktails on Balcony (B)</p> <p>2:00 Water Painting (3rd)</p> <p>2:00 Outside walks (Out)</p> <p>6:30 Snakes and Ladders (AR)</p>	<p>8:00 Ladies Breakfast Club (GR) 29</p> <p>9:30 Ipad Games (3 NS)</p> <p>10:00 Fancy Fingers (NS)</p> <p>10:00 Tai-Chi (2nd)</p> <p>1:30 Creative Art (RR)</p> <p>2:00 Friendly Visits (RR)</p> <p>2:00 Armchair Travel (GR)</p> <p>6:30 Snakes and Ladders (AR)</p>	<p>9:30 Java Music (3rd) 30</p> <p>10:00 Group Exercise (2nd)</p> <p>10:30 Group Exercise (3rd)</p> <p>2:00 Resident Food Council (AR)</p> <p>2:00 Flower Arranging (2nd)</p> <p>6:30 Dice Poker (AR)</p>	<p>10:00 Saturday Morning Coffee Club (2nd) 31</p> <p>2:00 Bingo (2nd)</p> <p>2:00 Documentry (GR)</p> <p>6:30 Yahtzee (AR)</p>