

Hope Street Terrace Main Calendar



JULY



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Alternatively, self directed activities are available on the 2nd and 3rd floor. These activities are located at the Nursing Station. Please ask a staff member for assistance in obtaining these items, if required.</p>	<p>Canada Day 1</p> <p>10:00 Group Exercise (2nd)</p> <p>10:00 Canada Day Cart (RR)</p> <p>10:30 Group Exercise (3rd)</p> <p>2:00 Happy 157th Birthday Canada (RR)</p>	<p>9:30 Plant Care (RR) 2</p> <p>10:00 Tai-Chi (3rd)</p> <p>2:00 Entertainment-Bill Dickinson (MDR)</p> <p>6:30 Uno (AR)</p>	<p>10:00 Group Exercise (2nd) 3</p> <p>10:00 Story time on Balcony (B)</p> <p>10:30 Group Exercise (3rd)</p> <p>2:00 Yahtzee (GR)</p> <p>2:00 Bingo (2nd)</p> <p>4:00 Pet Therapy (RR)</p> <p>6:30 Kings in the Corner (AR)</p>	<p>10:00 Fancy Fingers (NS) 4</p> <p>10:00 Tai-Chi (2nd)</p> <p>12:00 Strawberry Luncheon (AR)</p> <p>2:00 Games (2nd)</p> <p>2:00 Short Stories (C)</p> <p>6:30 Skip Bo (AR)</p>	<p>10:00 Group Exercise (2nd) 5</p> <p>10:30 Group Exercise (3rd)</p> <p>2:00 Outside Music Group (C)</p> <p>2:00 Cribbage (AR)</p> <p>6:30 Residents choice (AR)</p>	<p>10:00 Saturday Morning Coffee Club (2nd) 6</p> <p>2:00 Bingo (AR)</p>
<p>9:30 Church Radio/TV (2nd) 7</p> <p>10:00 Church Radio/TV (2nd)</p> <p>10:30 Bible Stories (2nd)</p> <p>2:00 Ice Cream Trivia Cart (RR)</p>	<p>9:30 Fancy Fingers (3 NS) 8</p> <p>10:00 Group Exercise (2nd)</p> <p>10:30 Group Exercise (3rd)</p> <p>2:00 Documentary (GR)</p> <p>2:00 Outside Visits (Out)</p> <p>6:30 Sequence (AR)</p>	<p>9:30 Plant Care (RR) 9</p> <p>9:30 conversation cards (3 NS)</p> <p>10:00 Chair Yoga (3rd)</p> <p>10:00 Plant care (RR)</p> <p>2:00 Bingo (3rd)</p> <p>2:00 Bingo (2nd)</p> <p>2:00 Friendly Visits (RR)</p> <p>6:30 Yahtzee (AR)</p>	<p>9:30 Friendly Visits (RR) 10</p> <p>10:00 Group Exercise (2nd)</p> <p>10:00 Creative Cooking (NSA2)</p> <p>10:30 Group Exercise (3rd)</p> <p>2:00 Crafts (AR)</p> <p>2:00 Yahtzee (2nd)</p> <p>4:00 Pet Therapy (RR)</p> <p>6:30 Scrabble (AR)</p>	<p>8:00 Ladies Breakfast Club (GR) 11</p> <p>9:30 Touch 2 Play (3 NS)</p> <p>10:00 Fancy Fingers (NS)</p> <p>10:00 Chair Yoga (2nd)</p> <p>10:00 Fancy Fingers (NS)</p> <p>1:30 Creative Art (RR)</p> <p>1:30 Giant Crossword (3rd)</p> <p>2:00 Water Painting (3rd)</p> <p>6:30 Ladies Choice (AR)</p>	<p>10:00 Group Exercise (2nd) 12</p> <p>10:00 Friendly 1-1 (RR)</p> <p>10:30 Group Exercise (3rd)</p> <p>2:00 Yahtzee (GR)</p> <p>2:00 Lemons? or Lemonade? (B)</p> <p>6:30 Camp fire and smores (Out)</p>	<p>10:00 Java Music (3rd) 13</p> <p>2:00 Bingo (AR)</p> <p>2:00 Touch 2 Play (RR)</p> <p>6:30 Dice Poker (AR)</p>
<p>9:30 Church Radio/TV (2nd) 14</p> <p>10:00 Bible Study (AR)</p> <p>2:00 Cribbage (GR)</p> <p>2:00 Archeological Wonders (AR)</p> <p>6:30 snakes and ladders (AR)</p>	<p>10:00 Group Exercise (2nd) 15</p> <p>10:30 Group Exercise (3rd)</p> <p>2:00 Swing Bowl (2nd)</p> <p>6:30 Sequence (AR)</p> <p>10:00 Jigsaw puzzle (2nd)</p>	<p>9:30 Plant Care (RR) 16</p> <p>10:00 Tai-Chi (3rd)</p> <p>11:00 Resident BBQ- 3rd Floor with Corby Leigh Kemp (C)</p> <p>2:00 Fancy Fingers (RR)</p> <p>2:00 Bingo (2nd)</p> <p>6:00 Cards (AR)</p>	<p>9:30 Conversation Circle (3rd) 17</p> <p>10:00 Group Exercise (2nd)</p> <p>10:00 Creative Cooking (NSA2)</p> <p>10:30 Group Exercise (3rd)</p> <p>12:00 Picnic on Balcony (B)</p> <p>2:00 Crafts (AR)</p> <p>2:00 Documentary (GR)</p> <p>4:00 Pet Therapy (RR)</p> <p>6:30 Board Games (AR)</p>	<p>8:00 Mens Breakfast Club (GR) 18</p> <p>9:30 Outside Walks (Out)</p> <p>10:00 Book Cart (3rd)</p> <p>10:00 Fancy Fingers (NS)</p> <p>10:00 Tai-Chi (2nd)</p> <p>10:00 Fancy Fingers (NS)</p> <p>1:30 Bird Club (AR)</p> <p>2:00 Friendly Visits (RR)</p> <p>2:00 Salvation Army Service (2nd)</p> <p>6:30 Dice Poker (AR)</p>	<p>9:30 Java Music (3rd) 19</p> <p>10:00 Group Exercise (2nd)</p> <p>10:30 Group Exercise (3rd)</p> <p>2:00 Fancy Fingers (RR)</p> <p>2:00 Woman's World (AR)</p> <p>6:30 Residents choice (AR)</p>	<p>10:00 Saturday Morning Coffee Club (2nd) 20</p> <p>2:00 Bingo (2nd)</p> <p>2:00 Water Painting (3rd)</p> <p>2:00 Dominoes (AR)</p>
<p>9:30 Church Radio/TV (2nd) 21</p> <p>10:00 Church Radio/TV (2nd)</p> <p>10:00 Bible Study (AR)</p> <p>11:00 Catholic Church (AR)</p> <p>2:00 Trivia (3rd)</p> <p>6:30 Cards (AR)</p>	<p>9:30 Baking (AR) 22</p> <p>10:00 Group Exercise (2nd)</p> <p>10:30 Group Exercise (3rd)</p> <p>2:00 Yahtzee (AR)</p> <p>2:00 Magazine Hunt (AR)</p> <p>6:30 Camp fire Circle (Out)</p>	<p>9:30 Plant Care (RR) 23</p> <p>9:30 National Geographic (3 NS)</p> <p>10:00 Chair Yoga (3rd)</p> <p>2:00 Bingo (3rd)</p> <p>2:00 Bingo (2nd)</p> <p>2:00 Short Stories (Out)</p> <p>6:30 Ladies Choice (AR)</p>	<p>10:00 Group Exercise (2nd) 24</p> <p>10:00 Outside Walks (Out)</p> <p>10:30 Group Exercise (3rd)</p> <p>1:00 Outing/Trip- The Full Monty at the Capitol (CT)</p> <p>4:00 Pet Therapy (RR)</p> <p>6:30 Euchre (AR)</p>	<p>9:30 What am I (3rd) 25</p> <p>10:00 Fancy Fingers (NS)</p> <p>10:00 Chair Yoga (2nd)</p> <p>2:00 Skip Bo (AR)</p> <p>2:00 Sip and Paint (MDR)</p> <p>6:30 Sequence (AR)</p>	<p>10:00 Group Exercise (2nd) 26</p> <p>10:00 Outside Walks (Out)</p> <p>10:30 Group Exercise (3rd)</p> <p>2:00 Cards (AR)</p>	<p>2:00 Bingo (AR) 27</p> <p>2:00 Documentary (AR)</p> <p>6:30 Uno (AR)</p> <p>10:00 Short Stories (AR)</p>
<p>9:30 Church Radio/TV (2nd) 28</p> <p>10:00 Resident Council (AR)</p> <p>2:00 Yahtzee (GR)</p> <p>6:30 Residents choice (AR)</p>	<p>10:00 Group Exercise (2nd) 29</p> <p>10:00 Outside Walks (Out)</p> <p>10:30 Group Exercise (3rd)</p> <p>6:30 Cribbage (AR)</p>	<p>9:30 Plant Care (RR) 30</p> <p>10:00 Tai-Chi (3rd)</p> <p>11:00 Resident BBQ- 2nd Floor with Darlene McGuiness (C)</p> <p>2:00 Trivia-Olympics (AR)</p>	<p>9:30 Short Stories (AR) 31</p> <p>10:00 Group Exercise (2nd)</p> <p>10:30 Group Exercise (3rd)</p> <p>2:00 Olympics-Wet T shirt Toss (Out)</p> <p>4:00 Pet Therapy (RR)</p> <p>6:30 Dice Poker (AR)</p>	<p>Locations Legend</p> <p>Activity Room (AR) 2nd Floor Sitting Room (2nd) 3rd Floor Sitting Room (3rd) Room to Room (RR) Outside (Out) Gathering Room (GR) 2nd Floor nurses station sitting area (NS)</p> <p>Room to Room (RR) Courtyard (C) 3rd floor Nurse's station (3 NS) Balcony (B) Main Dining Room (MDR) North Sitting Area 2nd Floor (NSA2) Capitol Theater (CT)</p>		<p>Dimensions Of Wellness Legend</p> <p>Intellectual</p> <p>Social</p> <p>Emotional</p> <p>Physical</p> <p>Spiritual</p> 