

July 2nd Floor

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Locations Legend Activity Room (AR) 2nd Floor Sitting Room (2nd) Courtyard (C) Room to Room (RR) Balcony (B) Cobourg Lions Centre (CLC) Port Hope Beach (PHB)	Canada Day 2:00 Gardening (C) 2:00 Ladder Ball (C) 6:30 Sequence (AR) 10:00 Jingo (AR)
9:30 Church Radio/TV (2nd) 2 10:00 Bible Study (AR) 2:00 Outside Walks (C) 2:00 Trivia (AR) 6:30 Dominoes (AR)	9:30 Group Exercise (2nd) 3 10:00 Plant Care (2nd) 2:00 Creative Art (2nd)	12:00 Resident BBQ's (C) 4 2:15 Bingo (2nd)	9:30 Group Exercise (2nd) 5 10:00 Drumming (2nd) 10:30 Trivia (2nd) 2:00 Laughter Yoga (C) 2:00 Swing Bowl (2nd) 6:30 Short Stories (AR)	Music Therapy (RR) 6 10:00 Fancy Fingers (2nd) 10:00 Chair Yoga (2nd) 10:00 Mobile Book Cart (RR) 1:30 Balcony Visits (B) 2:00 Gardening (C) 6:30 Cards (AR)	9:30 Group Exercise (2nd) 7 2:00 Plant Care (C) 2:00 Armchair Safari (AR) 6:30 Trivia (AR)	10:00 Saturday Morning Coffee Club (AR) 8 2:00 Friendly Visits (RR) 2:00 Bingo (2nd) 6:30 Trivia (AR)
9:30 Church Radio/TV (2nd) 9 10:00 Bible Study (AR) 10:00 Outside Walks (C) 2:00 Ice Cream Treats (RR) 6:30 Armchair Safari (AR)	9:30 Group Exercise (2nd) 10 10:00 Who am I? (AR) 2:00 Water Painting (2nd) 6:30 Short Stories (AR)	10:00 Spiral Art (AR) 11 10:00 Balcony Visits (B) 2:00 Conversation Circle (2nd) 2:15 Bingo (2nd) 6:30 Yahtzee (AR)	9:30 Group Exercise (2nd) 12 10:00 Scrabble (2nd) 10:30 Bird Watching Club (C) 2:00 Crafts (2nd) 2:00 Homemade Spa (AR) 6:30 Wii Games (AR)	Music Therapy (RR) 13 7:45 Breakfast Club (AR) 10:00 Fancy Fingers (2nd) 10:00 Tai-Chi (2nd) 1:30 Balcony Visits (B) 2:00 Plant Care (C) 6:30 Horse Racing Game (AR)	9:30 Group Exercise (2nd) 14 10:00 Crafts (2nd) 2:00 Pool Party (B) 6:30 Cribbage (AR)	10:00 Bingo (AR) 15 2:00 Outside Walks (C) 2:00 What's in the news? (AR) 6:30 Sequence (AR)
9:30 Church Radio/TV (2nd) 16 10:00 Bible Study (AR) 11:00 Catholic Church (AR) 6:30 Jingo (AR)	9:30 Group Exercise (2nd) 17 10:00 Plant Care (RR) 2:00 Creative Art (2nd) 2:00 Residents choice (AR)	2:00 In room scavenger hunt (RR) 18 2:15 Bingo (2nd) 6:30 Comedy Hour (AR)	9:30 Group Exercise (2nd) 19 2:00 Pool Party (C) 6:30 Outing/Trip (CLC)	Music Therapy (RR) 20 7:45 Breakfast Club (AR) 10:00 Fancy Fingers (2nd) 10:00 Chair Yoga (2nd) 1:30 Balcony Visits (B) 2:00 Plant Care (C) 2:00 Wii Games (AR) 6:30 Euchre (AR)	9:30 Group Exercise (2nd) 21 10:00 Outside Walks (C) 2:00 Pepsi Challenge (RR) 6:30 Cards (AR)	10:00 Saturday Morning Coffee Club (AR) 22 2:00 Outside Walks (C) 2:00 Bingo (2nd) 6:30 Saturday night at the movies (AR)
9:30 Church Radio/TV (2nd) 23 10:00 Bible Study (AR) 10:00 Outside Walks (C) 2:00 Ice Cream Treats (RR) 6:30 Aromatherapy (AR)	9:30 Group Exercise (2nd) 24 10:00 National Geographic (AR) 2:00 Outside Music Group (C) 6:30 Magazine Hunt (AR)	10:00 Crafts (AR) 25 2:00 Christmas in July Party (C) 6:30 Movie Matinee (AR)	9:30 Group Exercise (2nd) 26 10:30 Outing/Trip (PHB)	Music Therapy (RR) 27 10:00 Chair Yoga (2nd) 10:00 Outside Walks (C) 2:00 Plant Care (C) 2:00 Cribbage (AR) 6:30 Wii Games (AR)	9:30 Group Exercise (2nd) 28 10:00 Outside Walks (C) 2:00 Giant Crossword (AR) 6:30 Says Poker (AR)	10:00 Bingo (AR) 29 2:00 Maple Leaf Art (AR) 2:00 Conversation Circle (B) 6:30 Dominoes (AR)
9:30 Church Radio/TV (2nd) 30 10:00 Bible Study (AR) 2:00 Woman's World (AR)	9:30 Group Exercise (2nd) 31 2:00 Flower Arranging (2nd) 6:30 Word in a Word Game (AR)					