

# October 2021 3rd Floor Recreation Calendar - Hope Street Terrace

Sunday

Monday































Tuesday

Wednesday

Thursday

Friday

Saturday

		<p><b>Legend</b></p> <p>MDR - Main Dining Room AR - Activity Room 2 - 2nd Floor 3 - 3rd Floor RR - Room to Room OP - Outside Patio GR - Gathering Room OS - Outside MP - Montessori Programs</p> <p>Physiotherapy - Monday to Friday Hairdresser - Wednesday &amp; Thursday Music Therapy - Monday &amp; Thursday</p>		<p><b>Upcoming Events</b></p> <p>October 5th Greg and Sue  Entertain in the MDR October 11th Thanksgiving Day October 19th Darlene McGuinness Entertains in the MDR October 26th Residents Council October 26th Spooky Luncheon October 31st Happy Halloween</p>		1	2						
3	<p>9:30 Church Radio TV (3) </p> <p>10:00 Independent Studies (3)</p> <p>2:00 Phase 10 (3)</p>	4	<p>10:00 Fun &amp; Fitness (3)</p> <p>10:00 Touch 2 Play (3)</p> <p>2:00 Cards (3)</p>	5	<p>10:00 Library Cart (3)</p> <p>2:00 <b>Greg and Sue</b></p>  <p>Entertain in the MDR</p> <p>6:30 Bird Talk (3) </p>	6	<p>10:00 Fun &amp; Fitness (3)</p> <p>10:30 Drumming Circle (3)</p> <p>11:00 Trivia (3)</p> <p>2:00 Bingo (3)</p>	7	<p>10:00 Cultural Thursday Greece and Rome (3)</p> <p>2:00 Swing Bowl (3) </p>	8	<p>10:00 Fun &amp; Fitness (3)</p> <p>2:00 Bingo (3) </p>	9	<p>10:00 Independent Studies (3)</p> <p>2:00 Yahtzee (3) </p>
10	<p>9:30 Church Radio/TV (3) </p> <p>10:00 Sing-a-Long (3)</p> <p>6:30 Relaxation &amp; Aromatherapy (3)</p>	11	<p>10:00 Thanksgiving Search-a-Word (3)</p> <p>2:00 True or False (3)</p> <p><b>Happy Thanksgiving</b> </p>	12	<p>10:00 Friendly Visits (3)</p> <p>10:30 Memory Games (3)</p> <p>2:00 Bingo (3)</p> <p><b>Go Go</b> </p>	13	<p>10:00 Fun &amp; Fitness (3)</p> <p>10:30 Drumming Circle (3)</p> <p>2:00 Pumpkin Patch Painting (AR) </p> <p>6:30 Expression Circle (3)</p>	14	<p>10:00 Cultural Thursday Greece and Rome (3)</p> <p>2:00 Swing Bowl (3) </p>	15	<p>9:45 Library Cart (3)</p> <p>10:15 Short Stories (3)</p> <p>10:00 Fun &amp; Fitness (3) </p> <p>2:00 Bingo (3)</p> <p>6:30 Conversation Circle (3) </p>	16	<p>10:00 Giant Crossword (AR)</p> <p>2:00 Touch 2 Play (3)</p>
17	<p>9:30 Church Radio/TV (3) </p> <p>10:00 Music Hour With Google (3)</p> <p>2:00 Watercolour Leaf Prints (AR)</p>	18	<p>10:00 Fun &amp; Fitness (3)</p> <p>10:00 Nail Spa (3) </p> <p>2:00 Yahtzee (3)</p> <p>6:30 Conversation Circle (3)</p>	19	<p>10:00 Fall Forest Painting (AR)</p> <p><b>Darlene McGuinness</b> </p> <p>HAPPY BIRTHDAY Entertains in the MDR </p>	20	<p>10:00 Fun &amp; Fitness (3)</p> <p>10:30 Drumming Circle (3)</p> <p>11:00 Trivia (3)</p> <p>2:00 Bingo (3)</p>	21	<p>10:00 Cultural Thursday Greece and Rome (3)</p> <p>2:00 Swing Bowl (3) </p>	22	<p>10:00 Fun &amp; Fitness (3)</p> <p>10:00 Writers Nook (AR)</p> <p>2:00 Armchair Travels Halifax and Cabot Trail (AR)</p>	23	<p>10:00 Pumpkin Patch Painting (AR)</p> <p>2:00 Bingo (3)</p> <p>6:30 Reading Group (3) </p> <p></p>
24	<p>9:30 Church Radio/TV (3) </p> <p>10:00 Reflections on Kindness (AR)</p> <p>2:00 Crib (3)</p>	25	<p>10:00 Fun &amp; Fitness (3)</p> <p>10:00 Short Stories (3)</p> <p>2:00 Gods Eye Craft (AR)</p>	26	<p>10:30 Residents Council (MDR)</p> <p>12:00 <b>Spooky Luncheon</b> in the Activation Room </p> <p>2:00 Bingo (3)</p> <p>6:30 Bird Talk (3) </p>	27	<p>10:00 Fun &amp; Fitness (3)</p> <p>10:30 Drumming Circle (3)</p> <p>10:00 Writer Nook (AR) </p> <p>2:00 Crib (3)</p> <p>6:30 Expression Circle (3)</p>	28	<p>10:00 Halloween Trivia (3)</p> <p>2:00 Swing Bowl (3) </p>	29	<p>10:00 Fun &amp; Fitness (3)</p> <p>10:00 Halloween Cart (3)</p> <p>2:00 Bingo (3)</p> <p>6:30 Conversation Circle (3) </p> <p></p>	30	<p>10:00 Music Hour With Google (3)</p> <p>2:00 Cards (3)</p>
31	<p>10:30 Halloween Sensory Trolley (3)</p> <p>2:00 Haunted Scrabble (3)</p> <p>6:30 Relaxation &amp; Aromatherapy (3)</p> <p><b>Happy Halloween</b> </p>	